

### Abstract of the Disclosure

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Variable	Mean	SD	Min	Max
Age	34.5	10.2	21	55
Gender	0.45	0.50	0	1
Marital Status	0.60	0.49	0	1
Education	12.5	1.5	9	16
Income	3500	1500	1000	8000
Health	0.75	0.43	0	1
Stress	4.2	1.8	1	7
Depression	0.30	0.46	0	1
Life Satisfaction	5.8	1.2	3	7
Resilience	0.65	0.48	0	1
Optimism	0.55	0.50	0	1
Self-Efficacy	0.70	0.45	0	1
Perceived Stress	3.8	1.5	1	7
Emotional Stability	0.60	0.49	0	1
Neuroticism	0.35	0.48	0	1
Extraversion	0.50	0.50	0	1
Conscientiousness	0.60	0.49	0	1
Agreeableness	0.55	0.50	0	1
Openness	0.50	0.50	0	1